

HAPPY New Year

THE MCGREGOR MIRROR

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& CRAWFORD SUN

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Faces in the news during 2007



House fire claims life of Lee Roy Haynes

Smoke inhalation from a house fire claimed the life of long-time McGregor resident, Lee Roy Haynes on Friday, December 21st.

McGregor Volunteer Fire Department responded to the call at 9:32 a.m. The fire was contained to one room on the north end of the house, but the house was filled with heavy smoke, according to McGregor Fire Chief Moe Spradley.

Firemen found Haynes in the bathroom, where he had been taking a shower.

Funeral services for the 73-year old were held Saturday, December 29, 2007 at 11:00 a.m. at New Zion Baptist Church in McGregor with Larry Davis, pastor and Bro. A. Robinson, minister of East Third Street Church of Christ, officiating. Interment followed at Waco Memorial Park in Waco, Texas.

Roy Lee Haynes was born August 14, 1934 to Emma B. Elder and Roy King in Gilmer,

Texas. He was adopted and raised by his stepfather, Sammie Haynes. He accepted Christ and was baptized in the Church of the Living God at an early age.

Haynes attended public schools in McGregor and received his GED in 1971. He was a licensed cosmetologist. Roy married Bernice Johnson in the early 1950s and to this union two children were born. He later married Barbara Faye Pollard in June, 1964 and to this union one child was born.

Roy was employed with various companies; Westview Bowling Lanes, Rocketdyne, General Tire and retired as a McGregor ISD school bus driver. Driving the school bus was his love job. He did volunteer work for the McGregor EMS. He was a Deacon and Trustee of the Church of the Living God. Roy was a talented singer and was well known throughout the area for his talent. Those left to cherish his

memory are his wife, Barbara Faye Haynes of McGregor; one daughter, Marietta P. Smith of San Antonio; two sons, Roy Lee Haynes, Jr. of San Antonio and Courtney D. Haynes of McGregor; one sister, Gennie Haynes James and husband W.C. of Fort Worth; two brothers, Lendburgh Haynes and wife Billie Jean of McGregor, Harold E. Haynes and wife Ruthie of Waco; six grandchildren and three great grandchildren; one sister-in-law, Ima Smith of Waco; one brother-in-law, William H. Pollard of Clifton; a host of nieces, nephews, and other relatives and friends.

Active pallbearers were Justin Hall, Ulyesses Hall, David Haynes, Joe Lyn Haynes, Glenn Haywood and Craig Pollard.

Honorary pallbearers were W.C. James, William Pollard, Raydell Watley, Charles Williams, Johnny Jackson, Nolan Jackson, Harold Jones and Charles Oliver. "This past month has been a

rough one for our department," said Spradley. "We have had three house fires. Fortunately, the two fires that occurred days before Thanksgiving, the residents were able to make it out to safety."

When a tragedy like this happens, it gets people thinking what they can do to guard against a house fire."

Everyone runs the risk of experiencing a fire. Being vigilant about fire prevention and safety is important in all areas of life, but being mindful of these issues in the home is especially important.

Families should have an escape plan in place that has been practiced. This will save precious moments and make it more likely that occupants of a home will be able to get out alive. If a fire occurs there may be as little as two minutes to escape.

Families are encouraged to have smoke alarms and install them inside each bedroom and outside each sleeping area on ev-

ery level of the home. Maintain smoke alarms and test them once a month. Being alerted to a fire is the first step in being able to escape from one.

Create a home fire escape plan that identifies two ways out of each room and a family meeting place outside. Make sure the plan allows for specific needs in the household. Some studies have shown that some children and some adults may not awaken to the sound of a smoke alarm and may need help waking up. Practice the plan at least twice a year.

Be prepared to act: If the smoke alarm sounds, go to the closest exit. If there is smoke on the way out, turn and use the second way out. If exiting through smoke, get low under the smoke on the way to the exit. Move quickly, but stay calm.

To learn more about fire prevention and safety, visit <http://www.fireprevention-week.org>.

Spradley also wanted to ask citizens to not do any outside burning at this time even though there is no burn ban in the county. The conditions are terribly dry.

Rotary Pancake Supper set

The McGregor Rotary Club has set its annual Pancake and Sausage Supper for Friday, Jan. 25 at the McGregor High School Commons from 5 to 7:30 p.m.

The Bulldogs will be playing Hamilton that evening.

Tickets are on sale from any Rotarian or at The McGregor Mir-

ror for \$6.00 a ticket.

Proceeds from the pancake supper goes for scholarships for deserving senior students at McGregor High School.

Be sure and mark that date on your calendar and thanks in advance for supporting the Rotary Club's scholarship program.

Mullen It Over by Bonnie Mullens

Resolutions for 2008

DID YOU MAKE your New Year's Resolutions yet?

The beginning of a new year causes many of us to make resolutions to do things we have failed to do in the past and also to leave undone some of the things we have been doing. Just why this time of the year calls for these resolutions, I don't know, but I guess the thought of 12 brand new months spread before us causes us to want to improve ourselves and the conditions around us as much as possible.

I think it is a fine thing and that all of us should take a little time to make a few resolutions. It may be that we won't be able to carry these resolutions through all the year, but the mere making of them will be of considerable help just by pondering what you want for yourself in the new year.

There are personal resolutions which we all need to make. These vary to the individual, but every citizen of MOC could include these suggestions to add to their New Year's Resolutions. . .

Let us all resolve to make our communities more attractive towns in which to live. Each one of us can have a real impact in doing this, but unless we work together, we won't be able to accom-

plish as much.

Let's begin by resolving to be more friendly. Friendliness never hurt anyone, and yet so many of us think we are too busy to take the time to do the little things that mean so much to those around us. There are neighbors and friends who we haven't visited in quite a long time who would be delighted if we would call.

Another thing, let's make MOC more beautiful by each resident making his or her home as attractive as possible. This can be done without a great amount of money. Just keeping lawns mowed will help any home. If each citizen will do their part in keeping the streets of MOC cleaner, this will help a great deal toward making our cities more attractive, not only for our residents, but to those who visit our towns.

With the beginning of the new year, your city governments and school boards will be making some important decisions that affect you. Make another resolution to be more involved and let those decision makers know how you feel.

Let's become involved in the volunteer organizations in our community—our emergency services, fire, communications services,

Meals on Wheels, etc. Give a member of one of these organizations a call and see how you can help. If you aren't able to help physically, help them financially whenever possible.

Let's make McGregor, Oglesby and Crawford more prosperous by doing as much of our shopping as we possibly can with the merchants here. The more trade they receive from us, the more they will be able to add to our cities' economies. The more money we keep locally, the more people will be employed, and all of us will benefit in the long run.

Let's attend the church of our choice on a regular basis. MOC is fortunate to have wonderful churches, get involved with one this year.

HAVE YOU BEEN enjoying all the college football bowl games? Those watching the Gator Bowl on New Year's Day might have caught a glimpse of a former McGregorite—Michael Wooten, a sergeant in the Marines. He was among the group honored as veterans of the Iraq War during half time ceremonies. He is the son of Sandy and Joe Wooten. We send our thanks to him and all the other brave young men and women from MOC serving in the military, and pray for their safe return home.

Our best to you and yours as the new year begins. May it be your best one yet. God Bless.

Dale Evers named Board President of McMurry University Alumni Assoc.

Earlier this year, Dale Evers assumed the position of President of the Alumni Association Board of Directors for McMurry University in Abilene, Texas.

"We look forward to Dale serving as the President of the McMurry Alumni Board of Directors. He has a long history of dedicated service to McMurry and remains very committed to our institution," said Greeley Myers, Director of Alumni Relations at McMurry. "We are grateful for his long-time commitment to McMurry and for his willingness to serve as President the next two years." At the present, Dale is also serving on McMurry's Board of Trustees.

Evers, a 1982 finance/economics McMurry University graduate, was previously the President-elect for the Alumni Association. He is a longtime member of the Alumni Association Board of Directors and has served as chair of the Alumni Relations Committee for eighteen years. During that time he was instrumental in the development and design of the McMurry University Watch Program, Ring Program and Lamp Program.

As the Alumni Relations Committee Chair, he organized many McMurry Cluster Gatherings throughout the state of Texas and New Mexico and has hosted several gatherings at his home. On one occasion, he along with his mother Raye, welcomed Dr. Robert Shimp, one of McMurry presidents, at her Waco home to introduce him to McMurry's Central Texas Alumni in the Waco and Temple area.

While a student at McMurry, he was very active in the life of McMurry. He was a member of the McMurry Concert Band, Jazz Band and Indian Marching Band. He was a charter member of Kappa Kappa Psi, a band



Dale Evers

fraternity and served as its secretary. He was a member of Ko Sari Social Fraternity where he served as historian, scribe and Chancellor of the Exchequer. To this day he remains active with the fraternity, serving as an alumni advisor and supports them in their various activities.

He was a member of Phi Beta Lambda, a national business organization of which he was vice president and president. During this time the organization received numerous chapter awards at the state level. He was a RA in Hunt Hall for two years and served as the hall's president as well as a member of the Resident Life Association Council. He was a member of Christian Life Fellowship where he was Worship Chairman his senior year and organized the first university candlelight service for the holiday season.

Evers returned to McGregor to reside in September of 1983 from Dallas, Texas and is the General Manager of Cole Funeral Home Inc. in McGregor and Moody, Texas where he began working as a high school student in 1976 under Charles Cole. He is a member of the Texas Funeral

Directors Association and the National Funeral Directors Association.

He is active in the McGregor Lion's Club where he has served as president, serves on various committees and is a life member of Texas Lion's Camp. He is also a member of the McGregor Masonic Lodge and has worked with the United Fund and has served as President of the



Beto Conde of Texas reading his poem at The Wall in Washington, DC during 25th anniversary ceremonies in November.

Ceremonies at The Wall commemorates 25 years

By Gene Taylor

In November of last year I was in Washington, DC on business. As fate would have it, I was fortunate enough to attend one portion of the 25th Anniversary Ceremonies of the The Wall (the Vietnam Memorial.) The part I attended was the Music and Poetry Tribute on November 6.

It was a cool day by Texas standards as I arrived at the memorial. A covered stage had been set up east of The Wall. I had just missed seeing Jan Scruggs who had come up with the idea for the memorial against so many

odds over 25 years ago. It would have been great to meet him and shake his hand. No, I am not a veteran of that war, but my brother David is on panel 4E, line 55. The Wall has come to mean a lot to me and my brother's three children.

Individuals were introduced who either sang original songs or recited poems they had written that paid tribute to their fallen comrades or loved ones. Veterans, widows, sons and daughters were all on the program. One Vietnam veteran from South Texas gave a moving tribute through a poem he wrote several years ago and this was the first time anyone outside his family had heard it. His name is Beto Conde and I met Beto and his lovely wife Rita after he came off the stage. I found out he was from Texas and he was gracious enough to let me use his poem and photo in this story. I am sure there are veterans out there who will understand his grief and how it affected him. The preface to the poem is in Beto's own words and explains why he wrote it.

"I am attaching my poem and writing down some info on how I came to write it. This poem was inspired by my grief for the loss of a close lifelong friend Timoteo Santiago Jr. and two other neighborhood kids I grew up with. Their names are on the Wall. I last saw Timoteo, 'Tito', in Vietnam. We were in different units and didn't know where each other was. I ran into him by some incredible coincidence about two weeks before he got killed. He was not in a very good state of mind. I tried to talk to him but I was in no shape to help, trying to cope

with the situation myself. I had already built an emotional shield around me. We were on two different levels and I couldn't reach him. All this is in the poem. His death left a deep emotional scar inside that I've been carrying all these years.

I wrote this poem to pay tribute to him and to two others who also got killed in Vietnam. We were all childhood friends.

It was a tremendous honor for me to pay tribute to them by reading the poem next to the wall where their names are etched, to forever remind all America of their great sacrifice. It also was a healing process for me to say a final goodbye to them."

Tribute to
Timoteo Munoz Santiago
Mrs. Lake's Third Grade Class

fading memories of childhood friends
fading memories of distant lands
many days and years have passed since we stood side by side that day
time together was too brief
you were in pain
I, in my Vietnam survival mentality
you were afraid
I was angry and defiant
you were subdued
my words were tough
our words were too few
my manner was hardened
words were too quick

how the situation myself. I had already built an emotional shield around me. We were on two different levels and I couldn't reach him. All this is in the poem. His death left a deep emotional scar inside that I've been carrying all these years.

I remember your smiling face with only hints of our youthful times
your empty smiling face I saw that day
in my thoughts forever more that war thousands of miles away killed your mother too that day
Tito my childhood friend farewell,
on your eternal journey home Today, your name is on a shiny wall of black
along with Antonio Hernandez and Fred Montalvo they were with us in Mrs. Lake's third grade class



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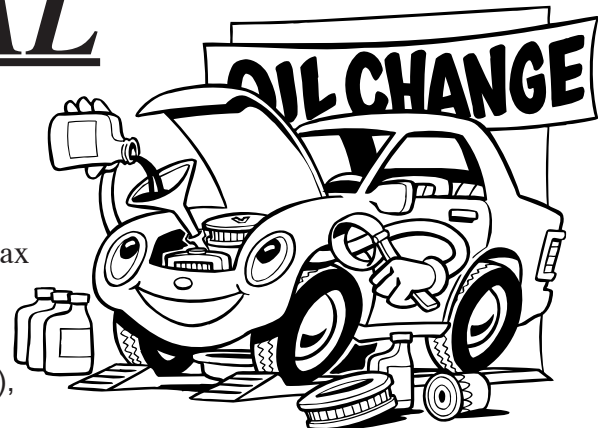
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Florine Brazzil

Eris Florine Brazzil of Waco passed away Friday, December 21, 2007. Services were at 11:30 a.m. Friday, December 28, at Wilkerson-Hatch-Bailey Chapel with the Rev. Carl Freeto officiating. Burial followed at Waco Memorial Park. Visitation was from 6 - 8 p.m. Thursday, December 27, at Wilkerson-Hatch-Bailey.

Flo was born July 8, 1927 in Waco to Franklin Julius Reed and Ethel Eugene Abbe Reed. She was educated in the Highlands and McGregor schools. She married Homan Brazzil on December 9, 1945 at Gatesville and at the time of his death, they were married over 59 years. She worked in the accounting department at Owens-Illinois Glass Plant for over 37 years. For years Flo was active at Trinity United Methodist and later at Central United Methodist Church.

Flo loved to sew, cook, garden and do genealogy; she and Homan loved to travel and visit with family and friends. They hosted and attended many gatherings, birthdays and holiday celebrations. Her pride and joy was family and all her nieces, nephews, great and great-great, 46 in all.

"Aunt Flo" will be dearly missed, but in our grief we are blessed and happy knowing she is at peace and with Homan in Heaven.

She was preceded in death by her parents; husband, Homan Brazzil; three brothers, Aruld Franklin Reed, Alton Eugene Reed and Floyd Wayne Reed; and sister, Nelda Jorienne (Reed) Bubert. She is survived by her

sister, Rosemary Treu of Overland Park, KS; and numerous nieces and nephews; great-nieces and great-nephews; and special friends.

Pallbearers were Joe Dalton, Mike Dorsey, Mark Harden, Wayne Reed, Bill Treu and John Treu. Honorary pallbearers were David Bubert, Floyd Drake, Al Lamon, Ray Pareya, Johnny Reed and Eddie Slough.

Memorials may be made to charity of choice. The family invites you to leave a message or memory in our "Memorial Guestbook" at www.wilkirsonhatchbailey.com.



Harry Gardner

Harry Eugene Gardner, 85, passed away Sunday, December 23, 2007 in Waco, TX. Funeral services were held at 2:00 p.m., Wednesday, December 26, 2007 at the Wilkerson-Hatch-Bailey Funeral Chapel. Visitation was held from 10:00 a.m. until noon.

Harry was born August 29, 1922 to Minnie and Leonard Gardner in Waco, Texas. He graduated from Waco High School in 1940 where he was an All State center for the Waco Tigers, under Coach Paul Tyson. He went on to play football for SMU under Coach Madde Bell until he was called to the U.S. Navy where he was an Underwater Demolition Frogman. He was a member of UDT 13 and cleared the way for the U.S. military forces to enter Iwo Jima and Tokyo Harbor. He was very proud that they didn't lose a single man during that time. He received the Silver Star for his actions during battle.

After the war he returned home and married Jerry Lou Brown in 1947. He graduated from Baylor University in 1948.

He became involved in the feed and seed business in Ennis and Terrell, Texas, before returning to the Waco area where he and his brother owned Brazos Feed and Supply for many years. After retirement, he and his wife owned Harry's Backyard Garden Center and Harry's Service Station in McGregor, Texas.

He was a long-time active member of the First United Methodist Church of McGregor.

He was preceded in death by his first wife, Jerry Lou Gardner, and married Helen Latimer of Waco in 1992.

Harry will be remembered for his love of family, his wonderful sense of humor, and his dancing ability (even on his walker). He was the best Papaw on Earth!

Harry is survived by his wife, Helen Gardner, his daughters: Betty Johnson and husband Bob of Ranger, Texas; Genie Allison and husband Buddy of Rogers, Texas; Step-children: Susan Nichols of Carrollton, Texas and Mike Walker of Austin, Texas; Grandchildren: Kristen Beaird and husband Brad of Hutto, Texas; Angie Blackwell and husband Colby of Copperas Cove, Texas; Luke Allison and wife Bobbi of Groesbeck, Texas; Greg Johnson and fiancé, Amy Russell of Abilene, Texas; Ali DeLukie and husband, Bubba of Ft. Worth, Texas; Abbie Harriman and husband, Josh of Rogers, Texas; Annie Allison of Ft. Worth, Texas; Lou Mandy Allison and fiancé Allen Bruggman of College Station, Texas; Great-grandchildren: Bailey and Emmy Beaird and Kenli and Gunner Allison.

Well done, good and faithful servant!

The family invites you to leave a message or memory in our "Memorial Guestbook" at www.wilkirsonhatchbailey.com.

William Tracy

Bill Tracy of the McGregor/Crawford, TX area died at the age of 79 on December 26, 2007 at Scott and White Memorial Hos-

pital in Temple, TX. Graveside services were held Monday, December 31, 11:00 am at the Garden of The Good Shepherd at Lakeview Funeral Home and Memorial Gardens in Longview, TX.

Bill was born July 20, 1928 in Wilson, OK to William A. and Ola (Davis) Tracy. He graduated from Altamont High School, IL in 1946 and enlisted in the Navy before his eighteenth birthday. After serving as an electronics technician, he received a fleet appointment to the U.S. Naval Academy in 1946. He graduated in 1953, completed U.S. Air Force navigator training in 1954, and completed pilot training in 1957. In the U.S. Air Force, Bill flew F-100's and F-4 Phantom jet fighters while stationed in the Philippines, Vietnam, England, and many U.S. mainland TAC bases before retiring as a Lt. Colonel in 1979.

Bill then worked at Hercules Aerospace Co. in McGregor as a quality control engineer before again retiring in 1990. He enjoyed traveling in retirement, and he attended VFW Post 6008 in Hewitt, TX.

Bill was preceded in death by both his parents and older brother Jim Tracy.

Survivors include his wife of 53 years, Betsy Frasier Tracy; one son James Tracy, one daughter-in-law, Debbie Tracy, and one grandson, Nathaniel Tracy, of Temple, TX; one brother, Richard Tracy and one sister-in-law, Charlotte Tracy of Brewton, AL; and one niece and several nephews.

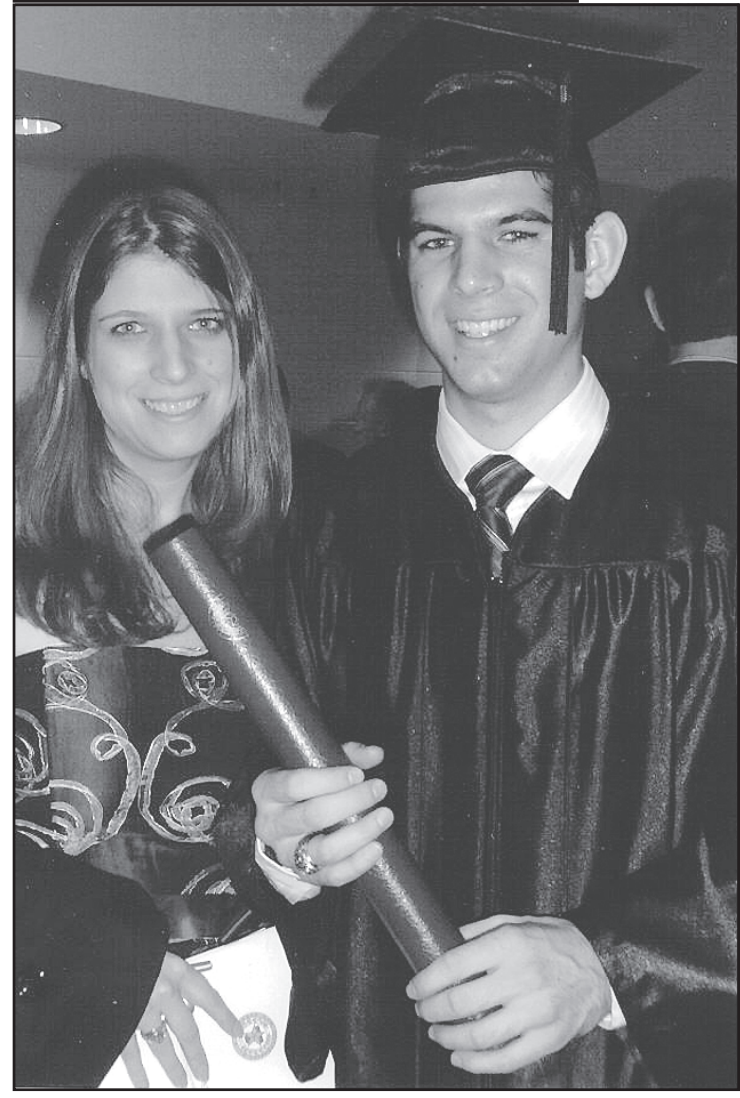
Memorials may be made to Central Christian Church, 4901 Lake Shore Drive, Waco, TX, 76710; the VFW Foundation; or the organization of your choice.

McGregor EMS Memorials

In memory of Charles Cole from Southwest Regional Institute San Antonio, Dick and Gladys Fox, Billie Gilmore, Nancy Battle.

In memory of Loraine Wendt from Nancy Battle, Gail and Bud Guinn, Mr. and Mrs. David Douglas, Tommy and Linda Kelley.

Achievers —



Amber and Andrew Wendt

Wendt graduates from A&M

Andrew Wendt graduated from Texas A&M University on December 14, 2007. He received his Bachelor of Business Administration in Information and Operations Management from the Mays Business School. Family and friends gathered to celebrate the occasion. Andrew is employed by Protiviti Independent Risk consultants in Dallas beginning in March. He is the son of Bobby and Sharon Wendt. Pictured with Andrew is his Aggie sister, Amber, who received her BBA in Computer Science from A&M in December 2003. She is employed with USAA in San Antonio as a computer programmer.

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McGregor Baptist Church

Charlie Brown, Pastor
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Children's Church
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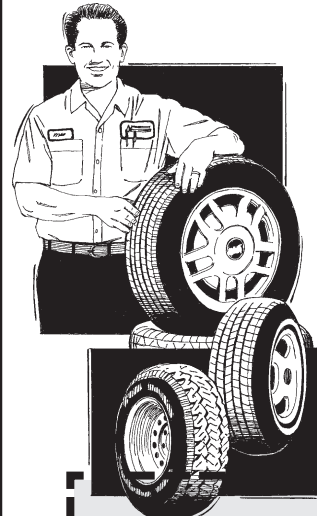
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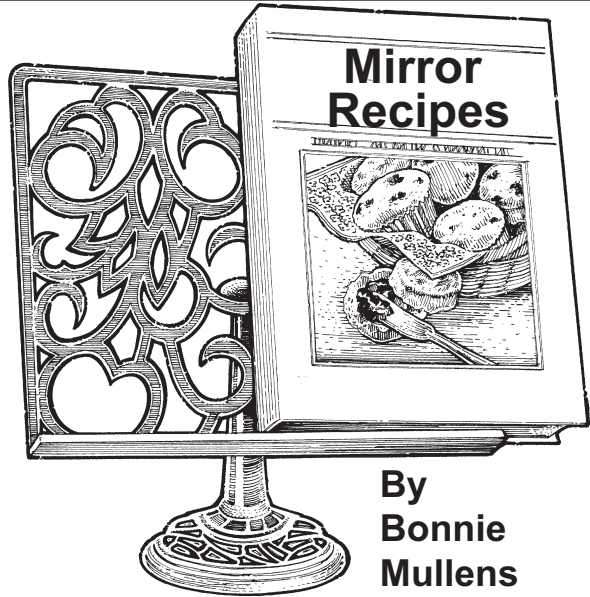
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By Bonnie Mullens

'Round-the-world fare in as little as 30-minutes

This week we are going to look at some quick menu ideas . . . 30 minute menus to be exact.

You get home from work, you're hungry, your family is hungry, but you don't feel like being in the kitchen all night. Give some of these "round-the world" dishes a try.

POPCORN CHICKEN
1 medium green pepper, cut into 1-inch pieces
1 small onion, thinly sliced
1 tablespoon vegetable oil
1 can (20-oz.) unsweetened pineapple chunks
3 tablespoons white vinegar
2 tablespoons soy sauce
2 tablespoons ketchup
1/3 cup packed brown sugar
2 tablespoons cornstarch

FRIED RICE
1 envelope fried rice seasoning
2 tablespoons water
2 green onions, chopped
2 tablespoons vegetable oil
1 egg, lightly beaten
3 cups cold cooked instant rice
1/2 cup peas
In a small bowl, combine seasoning mix and water; set aside.

EGG DROP SOUP
3 cups chicken broth
1 tablespoon cornstarch
2 tablespoons cold water
1 egg, lightly beaten
1 green onion, sliced
In a large saucepan, bring broth to a boil over medium heat. Combine cornstarch and water until smooth; gradually stir into broth. Bring to a boil; cook and stir for 2 minutes or until thickened.
Reduce heat. Drizzle beaten egg into hot broth, stirring constantly. Remove from the heat; stir in onion. Serves 4.

SAUCY SKILLET LASAGNA
1 pound ground beef
1 can (14 1/2 ounces) diced tomatoes, undrained
2 eggs, lightly beaten
1 1/2 cups ricotta cheese
4 cups Italian baking sauce
1 package (9-oz) no-cook lasagna noodles
1 cup (4 oz.) shredded part-skim mozzarella cheese, optional
In a large skillet, cook beef over medium heat until no longer pink; drain. Transfer to a large bowl; stir in tomatoes. In a small bowl, combine eggs and ricotta cheese.

Fast Mexican fare:
VEGETARIAN TACOS
8 taco shells
3 cups shredded cabbage
1 cup sliced onion
1 cup juliened sweet red pepper
2 tablespoons vegetable oil
2 teaspoons sugar
1 can (15-oz) black beans, rinsed and drained
1 cup salsa
1 can (4 ounces) chopped green chilies
1 teaspoon chili powder
1 teaspoon minced garlic
1/4 teaspoon ground cumin
1/2 cup shredded cheddar cheese
1 medium-ripe avocado, peeled and sliced
Heat taco shells according to package directions. Meanwhile, in a large skillet, saute the cabbage, onion and red pepper in oil for 5 minutes or until crisp-tender. Sprinkle with sugar. Stir in the beans, salsa, chilies, chili powder, garlic and cumin. Bring to a boil. Reduce heat; cover and simmer for 5 minutes or until heated through. Spoon into taco shells. Garnish with cheese and avocado. Serves 4.

Fast Italian Fare . . .
SPANISH RICH
1/2 cup chopped onion
1 tablespoon butter
2 cups uncooked instant rice
1 can (14 1/2-oz) diced tomatoes with mild green chilies, undrained
1 cup water
3/4 cup beef broth
1/2 teaspoon chili powder
1/4 teaspoon salt
1/4 teaspoon sugar
1/4 teaspoon ground cumin
2 tablespoons minced fresh cilantro.
In a large saucepan, saute onion in butter for 2-3 minutes or until tender. Add rice; cook and stir for 1-2 minutes. Stir in the tomatoes, water, broth, chili powder, salt, sugar and simmer for 5 minutes. Remove from the heat; let stand for 5 minutes. Sprinkle with cilantro.

GERMAN BRATWURST
4 bacon strips, diced
1 teaspoon cornstarch
2 Tablespoons Dijon mustard
1/4 cup chicken broth
1 tablespoon brown sugar
1 tablespoon white wine or additional chicken broth
1 tablespoon cider vinegar
1/8 teaspoon celery seed.
In a skillet, cook bacon over medium heat until crisp. Using a slotted spoon, remove to paper towels, (save for mashed potato recipe or another use). Drain, reserving 4 tablespoons drippings. In the drippings, cook bratwurst for 10-15 minutes or until no longer pink. Remove and keep warm. Drain skillet.
In a small bowl, combine cornstarch and broth until smooth; set aside. Add the mustard, brown sugar, wine or additional broth, vinegar and celery seed to skillet; cook and stir over medium heat until mixture is hot and bubbly. Gradually add cornstarch mixture. Bring to a boil; cook and stir until thickened. Return bratwurst to the pan; cook and stir for 1-2 minutes or until glazed. Serves 5.

SAUERKRAUT MASHED POTATOES
2 2/3 cups water
2/3 cup milk
1/4 cup butter, cubed
1 teaspoon salt
2 2/3 cups mashed potato flakes
1/3 cup chopped onion
1/2 cup sauerkraut, rinsed and well drained
4 bacon strips, cooked and crumbled
In a large saucepan, combine the water, milk, butter and salt; bring to a boil. Stir in potato flakes. Remove from the heat; cover and let stand for 5 minutes. Meanwhile, in a small skillet coated with nonstick cooking spray, cook onion over medium heat until tender. Stir sauerkraut into potatoes; top with onion and bacon. Serves 5.

Quick Dessert . . .
COLA FLOAT
4 cups cheery cola, chilled
1 teaspoon vanilla extract
8 scoops fudge ripple ice cream
Whipped cream in a can, optional
4 maraschino cherries
In a pitcher, combine cola and vanilla. Place two scoops of ice cream in each of the four chilled glasses. Pour cola over ice cream and top with whipped cream if desired and cherries. Serves 4.

Fast German fare . . .
COLA FLOAT
4 cups cheery cola, chilled
1 teaspoon vanilla extract
8 scoops fudge ripple ice cream
Whipped cream in a can, optional
4 maraschino cherries
In a pitcher, combine cola and vanilla. Place two scoops of ice cream in each of the four chilled glasses. Pour cola over ice cream and top with whipped cream if desired and cherries. Serves 4.

THE DIET DETECTIVE—GOALS!

By Charles Stuart Platkin

CHARLES STUART PLATKIN is a nutrition and public health advocate, founder and editor of DietDetective.com, the health and fitness network and author of *The Diet Detective's Calorie Bargain Bible* (Simon & Schuster, 2007). Copyright 2007 by Charles Stuart Platkin. All rights reserved. Sign up for the free Diet Detective newsletter and iTunes podcast at www.DietDetective.com

I can't believe it's that time again. The holidays are behind us, and now we face the inevitable—the beginning of diet season. Yes, it's a vicious cycle: We eat without guilt as if there were no tomorrow. Then, as soon as the holidays are over, we awaken from our food coma and realize that we need to lose a few (pounds, that is). How to begin?

We rush to the bookstore in search of an answer, or listen to the latest diet guru, who offers us some miracle-of-the-moment, hoping, just hoping, that it will miraculously make us fit. However, if you're like most of us, you'll end up falling prey to the bright neon doughnut and fast-food signs, as well as the many unhealthy food advertisements glowing from your TV set. If you've been there, done that in the past, how about doing something a bit different this year and setting some goals for yourself?

Reaching a weight-loss goal—or any goal—should never be about chance. Your ideal weight will not magically materialize if you dream about it long and hard enough. Instead, you must want to lose the weight badly enough to put a committed effort into making it happen. If you're serious about achieving a goal, you need to recognize that it requires some techniques and tactics—not willpower or simply "winging it."

Goal setting is critical to accomplishing any task. Is it possible to reach a goal without having a plan and a strategy? Of course it is. Almost anything is possible. If you want to significantly tip the odds in your favor, however, setting goals helps. In fact, a study appearing in the *Journal of the American Dietetic Association* reported that good goal setting increases your chances of reaching your diet objective by 84 percent.

Keep in mind, planning your strategy and choosing your goals can be tricky. Goals need to be specific (i.e., how much weight do you want to lose) motivating (i.e., interesting enough for you want to achieve them), achievable (i.e., possible and realistic) and rewarding (i.e., worth having when you reach them). Strategies need to be tactical (i.e., you need a real plan), easy to evaluate (i.e., is the strategy working?) and revisable (i.e., if they are not working). Visit <http://www.dietdetective.com/content/view/1326/156/> for more goal-setting tips.

All your goals and strategies should follow the guidelines above, but you still need to break your goals down into micro, short-term, midterm and long-term plans, and *only you* can determine which is which. As a rule of thumb:

Micro goals are decisions in the moment that can help to change your life. Short-term goals are those

that can be achieved in one to six months.

Midterm goals can be achieved in six months to two years.

Long-term goals are achieved in two to five years.

Overall and Long-Term Goals

Setting your overall, long-term goal is the first decision you need to make. This would be the equivalent of picking a location for your next vacation. In order to start the planning process, you need to know where you're going.

Micro, Short-term and Midterm Goals

Micro goals are about deciding that the next time you go to the fridge you will reach for the mustard instead of the mayonnaise.

Short-term and midterm goals are those that get you to your long-term objective, the ones you meet "along the way." They should be created to keep you excited, motivated and on-target, and to provide achievable objectives that bring you closer to your long-term goal.

You should start feeling good about your decision to lose weight right from the very beginning. To help you do that, start each week by choosing a micro goal you can meet within the next seven, 10 or 14 days. If you eat out frequently, you might decide that one of the restaurants you eat in next week will feature delicious, low-cal fish dishes. Or your goal might be to not eat out more than twice a week. Or maybe you want to try a new cardio-sculpt class at the gym.

If you plan to push yourself hard some weeks, be sure to balance your program with other weeks of attainable short-term goals. Keep in mind that your short term goals are steppingstones to achieving your long-term goals.

It's also important to break down your short-term and midterm goals into categories that will help you to track the various aspects of your larger, long-term goal. Weight control involves a variety of issues including food choices, behavioral and psychological choices and physical activity. Do you need all of these to come together in order to lose weight? Not necessarily, but the more you can control, the better your chances of success. Take a look at each of the categories below, so that you have a starting point for setting your goals.

I. Food Choices
Think about how your present eating habits may be preventing you from losing weight. With this in mind, set one or two food goals that you would like to work on each week.

For example, you might decide:
• I will not skip meals this week.
• I will have wine with dinner

only three nights this week, and I will keep it to one glass.

• I will not snack on candy in the afternoon. I will have fruit or a bowl of low-calorie cereal.

II. Behavioral and Psychological Issues

What is it about your lifestyle—or the way you think about yourself, food or exercise—that is a barrier to weight loss? With this in mind, set one or two behavioral/psychological goals you would like to work on each week.

Some examples of behavioral/psychological goals might be:

• I will eat only at the dining table when I'm at home. When I am tempted to eat in other areas of my home, I will remind myself of my long-term weight-loss goals and feel better about myself. (Eating in just one or two places helps to narrow the number of spots in your home that you associate with food and eating.)

• I will not watch TV while eating. (Eating consciously—not doing anything else while you eat—allows you to focus on your food so that you're aware of how much you're eating and actually enjoy it more.)

III. Physical Activity

Developing physical-activity goals is imperative for any effective weight-loss or weight-control program. These goals should be very specific in terms of how long, how much and how hard you exert yourself. They need to be realistic, and they should correspond to your overall goal. Remember that to lose a pound you need to cut roughly 3,500 calories from what you normally eat. So if, for example, your objective is to lose 30 pounds in a year, and you're cutting an average of 200 calories a day from your diet, you might want to make up the difference (about 90 calories) by doing an additional 20 minutes of physical activity each day. Any additional opportunity to move your body can help to make up the caloric deficit that will allow you to reach your goal.

Some examples of activity goals are:

• I will go walking for 15 minutes during my lunch break at least three times a week.

• I will walk up the three flights of stairs to my office every morning.

• I will go bike riding with my daughter on Saturday and Sunday mornings.

• I will institute a "no e-mail to co-workers" policy from 2 p.m. to 4 p.m., during which time I will walk to co-workers' desks to communicate.

• I will run a 5K race one year from today.

Goal planning involves doing real work, but the good news is that once you do the initial work, maintenance and revisions are not nearly as difficult.

ACROSS

1 courteous TX address

5 against prefix

6 "D" of TX Perot's old co. EDS

7 Christmas meat (2 wds.)

8 TX Medal of Honor recipient in WWII

16 talk a lot

17 train puller

21 wife of Gov. John Connally (init.)

22 TXism: "gonna drown ___ worms" (fish)

23 attractive young male?

24 TX jazz trumpet player Kenny

29 weed chopper (2 wds.)

30 Cowboy WR Pearson (73-83)

31 Bible's 2nd half (abbr.)

32 TXism: "smart as a ___ owls"

34 to believe or judge

35 TX "Mr. Sam" (init.)

36 TXism: "stock ___" (specialty)

37 Gulf of Mexico, and others

38 TXism: "___ donkey fly?" (no)

39 Llano: "___ of Texas"

41 TXism: "go ___ with the chickens"

42 this Linda was Sue Ellen on "Dallas"

43 how TXns drink tea

44 TX Rather book: "The ___ Never Blinks"

45 former champ bull rider, TX Donnie

46 oil: "Texas ___"

47 TX A.J. Foyt

48 TX Bo Pilgrim wouldn't "___", yellow chicken"

50 "Fats" sang "Ain't That a ___"

51 "bear" so. of the border

52 TXism: "hombres"

DOWN

1 TX atheist O'Hair

2 national wildlife refuge on the TX coast

3 ___ dog

4 Roberts Co. seat

9 TXism: "high headed"

10 in Jefferson Co. on hwy. 326

11 TXism: "___ in the hole" (reserve)

12 early TX Mandrell group: "___-Rites"

13 TXism: "strong as ___ breath"

14 connects computer to a phone line

15 put away on a boat

18 Gov. Jester was the only one to die ___ office

19 TX winemaker

20 Erik of "Border Blues" with TX Gary Busey

22 horse ___ should be laid out north and south

24 position of Cowboy "Tank" (abbr.)

25 Alamo's Travis: "I shall never surrender ___ retreat"

26 TX Nolan Ryan's pitcher son

27 Brewster Co. summit: "___ Mountain"

28 TXism: "attacked like grandma ___ chicken snake"

29 Alan of "The Aviator" about TX Howard Hughes

30 "___ or No Deal"

33 in Trinity Co. on FM 3317

34 TXism: "___ solid perfect"

35 cavalry sword

37 rare and bold baseball move (2 wds.)

38 "Haley's ___"

40 forerunners of TX Slurpees

41 performing arts org. in Dallas

44 TXism: "hot as a ___ griddle"

47 TX Edwin Carewe directed this '28 silent film

49 ___ beam

The Original **TEXAS CROSSWORD**

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Highlights of MOC in 2007

JANUARY—

The year ended with several tornadoes spawned from an intense storm that swept through the Central Texas area on Friday, December 29. One of those tornadoes cut a path southwest of Oglesby. The path was 4.3 miles and the width was estimated at 100 yards wide. The tornado dissipated just north of Highway 84 . . . Former McGregor Bulldog, Terrance Carroll, a senior at Mary-Hardin Baylor University, was named to the D3football.com All American Football Team as an honorable mention . . .

First United Methodist Church of McGregor welcomed their new pastor Reverend Lianne Turner . . . Bobby Storm, owner of Storm's Nursery, was the winner in The McGregor Mirror's football poll on a tie breaker. Both he and McGregor real estate agent Richard Skipper guessed 22 games correctly out of the 32 bowl games. . . . Johnny Scott was awarded the Hermann Sons Humanitarian Award . . .

Rick Haile, General Manager of McLennan County Electric Cooperative, was elected Secretary/Treasurer of Brazos Electric Power Coop . . . McGregor Bulldog Super Centex Honorable Mentions included Thomas Kaylor, Chris Dodd, Qualin Brown, Nic Clark, Greg Jones, Joe Seward and Tyler Arp . . . Crawford Pirate Travis Slaughter was named as a first team defensive back on the Super Centex team and Jason Velasquez was selected to the second team as an offensive lineman. Slaughter was named 21-@A Most Valuable Player. Other Pirates receiving honorable mention were Grayson Buster, Jerad Hinson and Jeff Calvillo. . . .

Luigi's Italian Restaurant opened in McGregor in the former Our Place Restaurant building at 510 S. Main. Business partners were brothers and cousins Dino, Bekim, Tony and Doni . . . A bitterly, cold ice storm swept through MOC area causing a power outage throughout most of McGregor. Temperatures were hovering in the mid-20s. . . . Shannon Knox became the bride of Dave Barnes . . . McGregor Volunteer Fire Department learned they were to receive a \$39,101 FEMA Grant. They planned to use the money to purchase bunker gear for the department's volunteers. . . . Leadership on the Chamber Board included Terry Arp-chairman, Bell Smith-chairman-elect and officers and directors Sherilyn Collins, Linda Shannon, Kevin Houchin, David Neyhard, Dale Horn, Kyle Paschall, Jason King, Lisa Kreuzer, Leo Connor, Dennis McDuffie, Mynette Taylor and Kerry Arseneaux . . .

Crawford's Jason Velasquez broke two meet powerlifting records. In the 220 pound class, he erased the record in the bench press by benching 315 pounds and he broke the deadlift record by lifting 475 pounds . . . Crawford Pirate Travis Slaughter was named to the 2006 All-Texas High School Team as a defensive back.

FEBRUARY—

Project Graduation's Enchilada Dinner fund-raiser brought in \$4,400. . . . McGregor Chamber of Commerce held a ribbon cutting for Luigi's Italian Restaurant . . . Community Development announced some of its funding from Founders Day proceeds for the year including new paint at the AMA Hall, renovation of signage at Gloryland Church, two sets of banners were purchased for the city, and Amsler Park received renovations. Community Development Board included Teresa Sneed, Fred Masuccio, Danny Davis, Joe Leos, Leah Loyers, Charlene Elliott and Executive Director Jennifer Taylor. . . . The Papi Taco opened on East McGregor Drive . . . Shanna Lippe of Crawford signed a letter of intent to play basketball at MCC . . .

Bonnie Mullens, co-publisher of The Mirror, was named one of the Women of Distinction by the Girl Scouts Bluebonnet Council . . . The Chamber had a ribbon cutting for Cutting Edge

Wireless . . . Town West Ford was under new management as Clint Hill took over the dealership . . . The Lady Bulldogs won the 21-AA District Basketball Championship with an undefeated record of 10-0 . . . 7th Grade Boys and 7th Grade Girls B Team were also district champions . . .

Kerry Arseneaux was presented the Chamber's Outstanding Citizen Award at the annual Chamber Banquet . . . John McClaren was presented with the Chamber's first Community Partnership Award . . . McGregor ISD received the Chairman's Award . . . Ed Vallejo was appointed to McGregor's Community Development Board . . . McGregor's Livestock Show raised \$16,000. Show director was Tim Seward. Grand champion awards were won by Jaycee Green, Mandy Broughton, Micah Broughton and Jori Jones. Receiving reserve champions were Clay Huffman, Jessica Krueger and Corey Jones . . .

Overall winners in the McGregor Junior High Science Fair were Chelsea Milsap, Kaley Zacharias and Coltin Ayres . . . 11 band students advancing to the state meet in the solo and ensemble contests included Jessica Krueger, Lowell Walter, Ashley Albro, Caby Cyphers, Allyson Fisk, Jeannine Mooney, Moises Castillo, Nolan Grady, Kristen Johnson, Malcom Morgan, Maria Torres . . . Lady Bulldogs advanced to Area competition . . .

Crawford athletes receiving recognition at the Fall Sports Banquet included Grayson Buster, Travis Laughter, Amy Kleypas, Cody Johnston, Jason Velasquez, Jeff Calvillo, Brittany Dumas, Karlie Dieterich, Jared Hinson, Brett Duncan, Joanie Mauerman, Jason Velasquez . . . Crawford Team Captains elected by their teammates were Jason Velasquez, Jared Hinson, Jeff Calvillo and Travis Slaughter . . .

Crawford Pirate head coach and athletic director Robert Murphy accepted a coaching job at Temple . . . David C. Taylor, Ward 3 Councilman, was the first candidate to file in MOC elections . . . Oglesby Lions Club held their 38th Annual Rattlesnake Hunt . . . McGregor High School debaters Ruston Thompson and Billy Etheredge advanced to the state meet . . . McGregor High art students with projects advancing to state competition included Andrea Foster, Brenna Oakes, Gabriela Pantoja, Gris Rebolgar, Fernando Salas, Elisabeth Sandifar, Maria Torres, Monica Dominguez, Fabiola Jaimes, Kristy Jenkins, Elizabeth Licea, Marisela Pantoja, Robertino Salas, Maegan Melancon, Christina Olvera, Justine Rodriguez and Laney Varano. . . . A total of 56 gold medals were awarded to these students . . . Lady Dogs advanced to Regional Playoffs . . . Bulldogs faced off with Buffalo in the Bi-District Championship game . . .

The McGregor School Board trustees were honored by the faculty and staff for their commitment to excellence. Trustees included Mike Hollingsworth, Jim Bates, Carolyn Lillard, Gary Hannemann, Jack Keltner, Herman Tucker and Deidre Lauterbach .

MARCH—

McGregor High School senior Tyler Arp won appointment to United States Naval Academy . . . John Keith, 49 year old owner of Keith Ace Hardware stores, died after a three year battle with cancer . . . Delbert Kelm, a 17-year veteran coach and school teacher was named Athletic Director and Head Coach of Crawford High School . . . Alan and Nash Turbeville of Crawford were awarded 2006 Difference Maker Award for Youth in Action by the Waco Trib . . .

McGregor High School junior, Stephanie Simcox, was the big winner in the senior division of the Central Texas Science and Engineering Fair held at Baylor University . . . Mr. and Mrs. Robert Holt celebrated their 50th Wedding Anniversary . . . MHS Powerlifters advancing to Regional competition included Rayn

Davilla, DaShaun Pierson, Chris Dodd and Taylor Rost . . . The Bulldogs placed five on All District Basketball team. Players were Joe Seward, Chris Minnitt, Greg Jones and Tyler Arp . . . Sixteen McGregor Junior High students advanced to state science fair meet. Those advancing were Kimber Clark, Lexi Segars, Coltin Ayres, Steven Lechler, Travis Lightfoot, Sarah Ridling, Kayleigh Ripley, Madeline Miller, Chelsea Millsap, Taylor Niemeier, Zane Foster, Holden Seward, Bobby Dixon, Samantha Bruno, Michael Robinson, Tyler Klander. Kayleigh Ripley was awarded the Discovery Young Scientist Award . . . Former McGregorite Kimberly (Fehler) Brunner and her husband Dean, opened Hannah's on Main in Fredricksburg. . .

Sonny Heath was elected president of the McGregor Volunteer Ambulance Association . . . The McGregor High School band earned Sweepstakes recognition when they recorded a first division at the UIL Concert and Sight Reading contest. They had earlier received all ones at UIL Marching Contest . . .

Hair Styles Plus was under new ownership and the name was changed to A Cut Above. New owner Mandy, was joined by stylists Amanda, Kayla, Karen, Cathy and Cynthia and Nail Tech Debi . . . The Grand Opening was held for Crawford Fitness Center . . . The Mirror family increased with the birth of Teresa Katherine Mooney, sixth child of Charles and Claudia Mooney . . .

The Roll Off Services, Inc. building in McGregor's Industrial Park went up in flames. The two buildings were fully engulfed in flames when firemen arrived. One building was 33, 500 sq. ft., while the other one was 9,000 sq. ft. Firemen had to stay back and let it burn due to exploding propane tanks sending scrapnel at least 100 feet into the air. Cause of the fire was unknown. . . . Local businessman John Eusebio died, after battling cancer for a number of years . . .

Lady Bulldogs earned Super Centex and Academic All State recognitions. Players were Ashley Reineke, Angela Garrett, Allyson Fisk, Destiny Kelley and Sha Brown. Coach Kimberly Johnson was named Super Centex Coach of the Year . . . Bulldogs earning spots on the All District team included Chris Minnett, Joe Seward, Greg Jones, Tyler Arp and Ralph Owens. Picked for Super Centex team were Chris Minnitt and Joe Seward. . . . Lauren

Key became the bride of Jon-Michael Rogers.

APRIL—

Crawford Chamber of Commerce honored Robert "Newt" Westerfield and Francis Raley at its annual banquet. Westerfield received the Lifetime Achievement Award and Raley was given the Community Service Award. Presenting the awards were Chamber President Marilyn Judy and Crawford Economic Development board member Stan Jarorz . . . Sixth Street in McGregor looked like the South Bosque Water as a swift current flowed from a strong rain storm bringing heavy rain, downburst winds, flooding and hail. Major damage was reported on the west end of the Central Texas Youth Rodeo Arena with estimated damage at \$500,000 . . . the MHS One Act Play cast advanced to Area. Cast members included Fabiola Jaimes, Malcom Morgan, Laney Varano, Stephanie Simcox, Meghan Goff, Angela Glenn, Ruston Thompson, Billy Etheredge, Collin Walter, Tyler Arp and Lowell Walter . . .


Eleven MHS students advanced to UIL academic regional competition. These students included Lowell Walter, Collin Walter, Tyler Arp, Ruston Thompson, Meghan Goff, Stephanie Simcox, Billy Etheredge, Logan Kendrick, Laney Varano, Cashondra Henderson, Malcom Morgan . . . Lady Bulldog sprinter Angela Garrett set school record in 200 with a time of 25.70, beating record set by Nathalie Daniels in the 90's, the year she went to state in five events . . .

Twenty-five Crawford students advanced to Regional UIL Academic competition after capturing District Academic Championship. . . . New 2000 acre tactical training center, Covenant Special Projects, opened in the McGregor Industrial Park. Covenant offers new options for law enforcement, Homeland Securities and military units. It is located in Area M. Tom Buchino is Vice President of Training. . .

A barbecue fund-raiser was organized by members of First United Methodist Church of McGregor for 9-month old Tyler James, son of Tasha and Sterling James. Tyler spent 9 months in intensive care at Scott and White exhausting his lifetime medical benefits . . . A rare April snowfall produced an unusual sight—Texas Bluebonnets covered in snow . . .

McGregor 8th grader

ORDER OF EASTERN STAR #427
Regular Meeting—Second Thursday
Masonic Hall 7:30 p.m.
Members and Visitors Urged to Attend

 Worthy Matron: Rachel Hale
Worthy Patron: Eddie Hale
Secretary: Leona Luna

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Cheyenne Lanmon set a new school record in the pole vault at the District Junior High meet by clearing the bar set at 6'6". . . . McGregor 8th grader Chad Seale won four gold medals and a silver to score 44 out of a possible 45 points and Pancho Trejo shattered the school record in the mile with a time of 5:01 to help lead their team to a district championship. . . . MHS Girl's Golf Team won district and would compete at Regional. Team members included Tana Davis, Jeannine Mooney, Elisabeth Sandifar, Frances Capps and Brittnie Sanchez . . .

Citizens of McGregor were happy to see flags flying at the old National Bank building at third and Main. New owner, Mark Woodward, owner of the building and Waco architect, submitted plans to the City for two commercial sites on the ground floor of the building and four apartment units on the second floor. . . . Trey Concilio of Woodway purchased the Texas Theatre and announced plans to restore the theatre to its original condition. In addition to restoring the theatre, he later said he plans to construct a 5,000 sq. ft. two-story building in the parking lot area for retail space. . . .

An early morning blaze destroyed the home of Betty Haferkamp in Crawford. . . . H.G. Isbill's Junior High Band won "Best in Class" at Sandy Lake contest . . . Bulldog varsities advanced 21 athletes to regional track meet. Lady Bulldogs included Naomi Talamontez, Sunny Gomez, Angela Garrett, Allyson Fisk, Tiara Harmon, Meghan Goff, Heaven Hicks, Shag Henderson, Tonesia Jones and TaRoya Clayborn. Bulldogs were Ariel Fominguez, Emanuel Velasquez, DeShaun Pierson, Ralph Owens, Jonathan Estrada,

Joe Seward, Chenier Thomas, Marcus Thompson, Chris Minnitt, Larry Smith and Erik Hensel. . .

MHS students going to state UIL Literary Meet included Tyler Arp, Lowell Walter, Stephanie Simcox, Angela Glenn and Collin Walter . . . MHS students Fernando Salas and Jenna Foster won the coveted Gold Seal Awards at the State VASE art competition . . . MHS art student won 15 state gold medals. Medalists included Fabiola Jaimes, Monica Dominguez, Laney Varano, Justine Rodriguez, Jenna Foster, Gabriela Pantoja, Elisabeth Sandifar, Maegan Melancon, Marisela Pantoja, Fernando Salas, Maria Torres, Kristy Jenkins and Andrea Foster . . . Special One Act Play Awards went to MHS cast members Molly Hutchinson, Allyson Fisk, Joe Seward, Laney Varano . . .

Margaret and Charles Cole celebrated their 60th Wedding Anniversary . . . \$60,000 was raised at the 6th Annual Levi Baur's Memorial 3-D Archery Shoot held at Tonkawa Park. . . . The Mirror won four awards at the North East Texas Press Association Better Newspaper Contest. Winning included first place in editorials, fourth place in general excellence, third place in news photo and fourth place in sports photo . . .

Lady Pirates advancing to regional track meet included Brit-tany Berry, Brittany Urbanovsky, Cristal Rodriguez, Doxie Thompson, Shanna Lippe, Tara McMullen, Paige Baize and Karlie Dieterich. . . Pirates advancing to regional track meet included Chase Lynch, Grayson Buster, Travis Slaughter, Taylor Holmes, Kenny Davis, Logan Kendrick, Seth Horton, Brock Duncan, Scott Dent, Brett Duncan, Reagan Hejl, Jason

OPERATION PRAYER



"Be strong in the Lord, and in his mighty power."
Ephesians 6:10 "Lord, hold our troops in your loving hands. Protect them as they protect us. Bless them and their families for the selfless acts they perform for us in our time of need. We ask this in the name of Jesus, our Lord and Savior. Amen."

MOC Men & Women currently serving in the military

- | | |
|---|--|
| <p>Chris Shaw
 Ryan Retzlaff
 Paul Zavadil
 Scott Brock
 Roberto Martinez
 Julia Maddox Wilcoxson
 Dave Maddox
 J.R. Ewing
 Matthew Johnson
 Sean Howze
 Dustin Terrell
 Timothy Jackson
 Katie Gutierrez
 Craig Colvin
 James Johnson
 Ernest Willich
 Charles H. Crawford III
 Donald Eddings
 Heath Yeager
 Mario Oliverez
 Chris Ruiz
 Dustin Englutt
 Leslie Longan
 Sherry Klander
 Stephen Esau
 Christopher Fitzhugh
 Steve R. Summers
 Christopher Mitchell
 Chad Hickey
 Mike Nelson
 Jimmy Fellers
 Michael Griffin
 Amanda Nicole Ward
 Timothy Sampson
 Benjamin Witt, Jr.
 Justin Dittfurth
 Josh Browder
 Robert Wehrmann
 Jason Sneed
 James Edwards
 Adam Drake Villarrial
 Ryan Baldwin
 David Hutsonpillar
 Ronnie Robinson
 Ben Diaz
 Col. Kelly Fisk
 Mike Love</p> | <p>Dusty Harrison
 Carl Shehorn
 Hubert Middleton
 Amber Middleton
 Candice Middleton
 Cameron Moffat
 Rusty Weatherby
 Kem Lance
 Brett Wolff
 Randall Young
 Chancey Pinkerton
 Sarah Hoffman
 Mike Hoffman
 Dr. Michael Mooney
 Phillip Praesel
 Erich Wolf
 Adam Arthurs
 Brion Herrings
 Tyson Carpenter
 Clinton Summers
 Mike Nelson
 Lee Garza
 Junior Aviles
 James Long
 David Williams
 Juan Ortiz
 Stephen Napier
 Terry Thompson
 Bryan Shepard
 James C. Carroll III
 David Hayes
 James Cabezas
 Jared Stuteville
 Jamie Jones
 Tim Parnell
 Richard Stedronsky
 Paul Ziehe
 Robert Wehrmann
 John Mark Thane
 Jim Chalkley
 Adam Arthurs
 David Livingston
 Charlene Livingston
 Scott Crawford
 Freddie Felan
 Jonathan Smith
 Willie Castillo</p> |
|---|--|

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Call 840-2091 to add or delete names to list
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Stories making the news in 2007

Continued from Page 5

Velasquez and John Laufenberg . Crawford High School students advancing to the State UIL literary meet included Caitlin Smith, Anthony Hufford, Joanna Jhant, Kendall Schmalriede and Scott Nemeck . . . MISD presented David Douglas with a plaque commemorating his 29 years with the school district. Douglas was to retire at the end of the year with 40 years in education . . . Alyssa Hill was the recipient of the Star Chapter Farmer Award, Ronnie Browder received the Star Greenhand Award at the annual MHS FFA Banquet . . . Four area children were recognized at the first annual Incredible Kid celebration. They included Josue Licea, Isai Licea, Courney Kellum and Tyrell Pruitt.

MAY—

New Crawford postmaster was Paul Zaccarelli . . . MISD trustees announced that a volleyball program would start in the fall to be implemented in the 7th, 8th and Junior Varsity levels . . . Crawford Volunteer Fire Department held their annual Barbecue fund-raiser . . . Crawford High School varsity girl's track team won the regional championship outdistancing the field with 56 points. Going to state were Tanisha Jones, Naomi Talamontez, Sunny Gomez, Allyson Fisk, Shaquana Henderson, Heaven Hicks, Tiara Harmon, Meghan Goff, Angela Garrett and TaRoya Clayborn . . . Competing at the State Track Meet from Crawford High School were Kenny Davis, Taylor Holmes, Travis Slaughter, Chase Lynch, Scott Dent, Brock Duncan and Grayson Buster . . . the MHS Math Team won first place at State. Team members were Collin Walter, Stephanie Simcox, Lowell Walter and Tyler Arp . . . Crawford's Anthony Hufford won gold at the State UIL contest with a perfect paper in Computer Applications . . . Crawford ISD held dedication services in memory of Coach Ronnie Bruce when the Crawford Pirate dugout was dedicated to him for his years of service to the district. He was with Crawford from 1980 to 2006 . . . Karen Spradley was presented with the Community Builders Award from the McGregor Masonic Lodge . . . Frank Leos was re-elected for another term as McGregor's Ward 5 (at-large) City Councilman in the only contested race held in MOC . . . Crawford's Scott Dent earned the silver medal in the State 800 with his best time of the season 1:55.50 . . . McGregor Doughnuts opened in McGregor at 524 S. Main . . .

McGregor's Relay for Life raised in excess of \$52,000. Chairing this year's event was Marta Raley and Connie Schmalriede . . . MISD trustees made some key changes in personnel by moving High School Principal James Lenamon to the Central Office as an Assistant Superintendent, moving Geneva Watley from Ass't Supt. to Reading Coordinator. Top H.G. Isbill Junior High

Academic Awards went to Dustin Shilling, Melissa Ballard, Tyrell Pruitt, Ashley Cruz, Tyler Klander, Hannah Lenamon . . . Valedictorian at McGregor High School was Tyler Arp. Salutatorian was Lowell Walter . . . Crawford High School Valedictorian was Jared Hinson and Salutatorian was Whitney Talbert . . . Ogleby High School Valedictorian was Kristen Buzbee and Salutatorian was Courtney Woodrome . . .

McGregor Chamber held a ribbon cutting at Granite Ford with manager Clint Hill cutting the ribbon . . . Local soldier, Maj. John Mark Thane was recognized among Army's top 10 inventors for 2006 with his invention of the Picatinny-developed rapid Entry Vehicle Spiral 2 . . . Two Crawford Boy Scouts, Joshua Beers and Anthony Hufford, earned their Eagle . . . Amber Richardson became the bride of Christopher Oliver.

JUNE—

McGregor ISD will have Automatic External Defibrillators (AEDs) at each of the three campuses by the start of the fall semester . . . Lovella Crouch was honored at the "Founders Day" a celebration of Beta Sigma Phi, into the Golden Circle. Lovella has been a member for 50 years. . . . Bob Balshaw was named new McGregor High School principal . . . Jack Keltner was elected president of the McGregor School Board . . . A "For Sale" sign at the entrance of the Ramsey property at Comanche Springs marked the end of an era for that family on the same homestead for the past 136 years. The Comanche Springs school was turned into the home of the Ramseys. Present owner, Lou Ramsey Sherrill was moving to North Carolina to be closer to her three children. . . Kelly Gohlke became the bride of Kyle Patterson . . . Merle Westerfield celebrated her 100th birthday . . . A tropical twister touched down in McGregor at the baseball field with no warning by weather forecasters.

JULY—

McGregor United Fund allocated \$9,000 to six local agencies which included ECT, McGregor Volunteer Fire Department, McGregor EMS, McGinley Memorial Library, East McGregor Community Center and Central Texas Senior Ministries . . . Tobacco Junction owners, David and Joan Livingston, celebrated their businesses' 10th anniversary in McGregor, Temple and Gatesville . . . Shon Asbury was officially sworn in as Postmaster in McGregor . . . Aaron Gentzler earned his Eagle Scout . . . Karlie Dieterich, a 2007 Crawford graduate played in the Texas Girls' Coaches Association High School All Star Game in Austin . . . McGregor Lions Club officers were installed and taking the helm for the second year was Junior High Principal Paul Miller. Serving with him were Kerry

Arseneaux, James Lenamon, Gigi Morgan, Dale Evers, Frances Hudson, Jason King, David Neyhard, Barbara Klein, Dan McCarty, Johnnye Scott and Kevin Houchin . . . Three trees and seven crepe myrtles were donated to help landscape the new McGreor Volunteer Fire Department station located at the entrance of the McGregor Industrial Park. The trees were donated in memory of John Eusebio by Mary Ann Bucci and family, Arnold Eusebio and family and Peggie and Eric Eusebio . . . Lisa Marie Diaz became the bride of Chris Yankie . . . Cassie D'Ann Schmalriede became the bride of Christopher Aelvoet . . . Don and Marlene Belk celebrated their 50th wedding anniversary . . . Byron "Bud" Davis, longtime civic leader and businessman who was the Davis in Gilmore and Davis, passed away . . . Tammy Charlson Fleming, a 1984 MHS graduate, donated a kidney to a friend and colleague . . . Ronnie Westerfeld, a 1963 graduate of Crawford High School, was surprised at his retirement as principal of Atascocita Middle School, by having the Ron Westerfeld Learning Center, named in his honor . . .

Crawford 9 and 10 year old All Stars won the State Championship. Team members were Morgan Groppe, Ann-Marie Dunlap, Sydney Christensen, Chelsey Dorris, Katy Baur, Ellen Whitney, Tori Phillips, Dorie Dutschmann, Amanda Fulp, Ky Foster and Carrigan Chambers. Coach was John Dutschmann and manager was Tate Christensen . . . five McGregor youngsters qualified for the state track meet. They were Andrew Taylor, Essance Porter, Hope Lenaman, Travis Allison and Hailey Burgess . . . three Crawford children advanced to state track meet. They were Danielle Howe, Gage Pearson and Kinzie Reich.

AUGUST—

Plans were announced for McGregor General Store to be built on Highway 84 East. The premier store will sell a variety of Purina feeds and much more. Principal owners are David Glass, Mike Jones, Jerry White and Ed Fehler . . . IESI of McGregor became the city's new waste company . . . McGregor's NWIRP remediation project received the 2006 NAVAIR environmental award . . . Lana Lynch was promoted to Assistant Vice President of Security Bank of Crawford . . . Space X donated backpacks to all McGregor students in grades Pre-K through eighth . . . McGregor Founders Day volunteers were pictured wearing the new commemorative t shirt. Pictured were Ron Norman, Danny Davis, Ron Wadkins, Jennifer Taylor, Chris Molina, Leann Bowden, Joe Leos, Scott Geiger, Ed Vallejo, Carla Vallejo, Dennis McDuffie, Ella Kelley, Meghan Mullens, Charlene Elliott, Vicki Lofton, Jodie and Brenna Dietzman . . . 75 Bulldog prospects reported for

first day of practice . . . The Chamber had a ribbon cutting for Second-Go-Around at 320 South Main. Nancy Donaldson is the owner . . . Former Crawford Pirate, Travis Slaughter, had time of his life this summer as an interim equipment manager for the Dallas Cowboys . . . Crawford ISD trustees called for a \$2.8 million bond election to build a science lab and three new classrooms in the elementary and three new science labs for the high school and middle school students . . . Cathe Brooks is new Ogleby ISD principal . . . Meghan Mullens, a 2006 graduate of Texas A&M University began her job as Parks, Recreation and Tourism Director for the City of McGregor.

SEPTEMBER—

McGregor's Oldest Citizen, Naomi Conner, celebrated her 108th birthday with family and friends . . . a beautiful Rufous Hummingbird chose McGregor to visit. This species of Hummingbird is not common to Central Texas . . . Don and Katy Kruse celebrated their 50th Wedding Anniversary . . . the Bulldogs conquered the Cougars by a score of 35-7 in their first game of the season . . . Crawford wallops Jarell 42-12 . . . McGregor celebrated its 125th year mark at the 16th annual McGregor Founders Day celebration. . . a World War II reenactment was held on the grounds behind Weston Inn Suites and RV Park . . . Pirates win over Early 34-17 . . . McGregor varsity cheerleaders are Lauren Williams, Mary Ashleigh Johnson, Destiny Kelley, Shameka Smith, Stephanie Simcox, Meghan Goff, Tanisha Jones and Tana Davis, mascot . . . JV cheerleaders are Cheyanne Lanmon, Ashlea Lane, Abigail Aviles, Morgan Webb, Kaley Zacharias, Melissa Ballard and Lindsey Erwin . . . Martha Moyer was awarded the Outstanding Older Worker Award in Texas by Experience Works and traveled to Washington, DC to receive the award along with other state winners . . . MHS seniors Ruston Thompson and Billy Etheredge were selected as semi-finalists in the National Merit Scholarship Program . . . \$26 million lottery ticket was sold in McGregor on Founders Day . . . the engagement of Monylene Stearns and Don Carnes was announced . . . McGregor High School Class of 1957 held their 50th reunion. . . the engagement and approaching marriage of Eric Goff and Cayla Norrell was announced . . . 'Dogs celebrate win over Grandview Zebras 28-20 . . . First United Methodist Church of McGregor celebrated its 125th anniversary . . . Erin Houdersheldt was named Crawford Pirate football sweetheart . . . MHS homecoming queen nominees were Meghan Goff, Angela Garrett, Molly Hutchinson and Ariana Martinez . . . Ora Pleasant celebrated her 99th birthday . . . Crawford enjoyed homecoming win over Axtell 41-24 . . . David Scott co-authors book on Governor Pat

Neff . . . Valerie Duty became the bride of Donald Citrano.

OCTOBER—

McGregor High School senior Ariana Martnez was crowned homecoming queen . . . MHS senior Stephanie Simcox was named Commended Student in National Merit Scholarship Program . . . The McGregor Garden Club celebrated its 60th anniversary. Past presidents attending included Johnnye Scott, Raye Evers, Gladys Hollan, Peggy Spradley, Monylene Stearns, Alice Wilson, Joyce Todd and Cherry Williams, representing her mother Warren Fagg, along with current president Donna Ritchmond . . . Shana Winckler became the bride of Bradley Wiethorn . . . MHS classes of 1954 and 47 have class reunions . . . Bulldogs defeat West Trojans 21-14 . . . Pirates defeat Grandview 28-21 . . . McGregor's Dell call center closed its door after a month of rumors . . . SpaceX has open house and community picnic with approximately 1,000 attending from the area. CEO Elon Musk also attended from California . . . Jennifer Taylor, McGregor's Community Development Director for the past six years, resigned to become a stay-at-home mom. . . McGregor's McGinley Memorial Library received boost with a \$40,000 G.W. and Leola Lee Trust. . . . Kati Sandifar was elected MHS Student Council President . . . Class Presidents were Senior-Stephanie Simcox, Junior-Jesse Zimmermann, Sophomore-Maria Torres and Freshman-Hannah Lenamon . . . The Chamber held a ribbon cutting for new member Dog House, a pizza parlor on Main . . . First National Bank of McGregor was a Gold Medal winner in the annual Best of Community Banking Awards by the Independent Bankers Association of Texas . . . Kelli Redmon became the bride of Richard "Keith" Schwake . . . Jesse and Cena Smith celebrated their 60th wedding anniversary . . . Jewel Cooper celebrated her 90th birthday . . . Pirates defeat Bulldogs 35-6 . . . A blood drive for American soldiers was held at McGregor High School, attracting 50 donors . . . Crawford's class of 1957 had their 50th reunion. . . Bulldogs rallied to beat Hamilton 20-14 . . . The Chamber hosted a Halloween Costume Ball. Winners of the costume contest included Don Carnes, Monylene Stearns, Dennis McDuffie, Brian Standfield, Bonnie Mullens, Teresa and John Sneed, Bell and Van Smith.

NOVEMBER—

Crawford Senior Caitlin Smith was named a Commended Student in the National Merit Scholarship Program. . . the Crawford Cross Country Lady Pirates claimed the District Championship. Team members were Megan Self, Ashley Urbanovsky, Cristal Rodriguez, Tara McMullen, Amanda Mendoza, Paige Baize and Kristen

Chapman. . . Crawford High School Robotics Team placed fifth out of 22 teams at Akins High School in Austin. . . Dogs sweep past Bearcats 40-0 . . . Multi-national company Convergys, Inc. is new A100 tenant and announced it would bring 250-300 jobs to local call center . . . Bulldogs overpower Bruceville-Eddy Eagles 49-7 . . . Crawford defeats Moody 48-7 . . . Crawford voters approved a \$2.8 million school bond election by a vote of 174 for to 76 against . . . the annual Community Thanksgiving service was held at Gloryland Church . . . MHS seniors Katie Sandifar and Malcom Morgan were named Bulldog Band Sweetheart and Beau. Tally Gonzales was named Flame of the Year . . . It was a good year for the Bulldogs. Varsity won Co-District Championship, JV, Freshmen, Eighth and Seventh Grade teams were district champions . . . Dogs defeat Clifton Cubs 58-7 . . . Pirates plucked the Bruceville-Eddy Eagles 41-7 . . . Crawford Cross Country Girls team competed at State meet . . . Bulldogs won Bi-District against 8th ranked State Teague 49-35. . . Brenda Renee Willich became the bride of Robbie Ridling . . . Doye and Pat Dossman celebrated their Golden Wedding Anniversary . . . Vernon and Mary Ann Graham celebrated their 60th Wedding Anniversary . . . Pirates explode against Centerville 35-0 for Bi-District Championship .

December—

Bulldogs, Pirates dominated All District football teams. Overall Most Valuable Player went to Pirate Jordan Farmer, running back and defensive end. . . McGregor's Joe Seward was named Most Valuable Player on offense at the quarterback position. MVP on defense was given to Hector Rodriguez from McGregor and Cameron Blenden of Crawford. Newcomer of the Year was Kody Johnston of Crawford. Named to Special teams were Jonathan Estrada of McGregor and John Laufenberg of Crawford. Both schools placed seven players on the first team offense, and six each on defense. From McGregor on Offensive Team were Andy Solis, Josh Jaimes, Qualin Brown, Kyle Reineke, Larry Smith, Marcus Thompson and Kirk Gerhardt. From Crawford were Josh Beers, Grant Gonzalez, Carter Blenden, Logan Kendrick, Brock Duncan, Taylor Holmes and Scott Dent. From McGregor on Defensive Team were Ruston Thompson, Jared Green, Harvey Lee, Qualin Brown, Marcus Thompson and Cruz Chaires. From Crawford were Grant Gonzalez, Carter Blenden, Scott Dent, Taylor Holmes and Logan Kendrick . . . McGregor High School PALS raised over \$2000 for McGregor's Toy Drive . . . Bud and Gail Guinn celebrated their 50th Wedding Anniversary . . . City of McGregor receives great audit for second consecutive year . . . Daisy Marie's Gift Shop opened.

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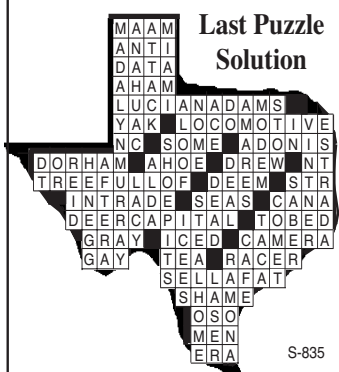
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FOR SALE: 3 bd/2ba brick home, 1600 sq. ft. Built in 2005. Ceramic tile, 1008 Lincoln 840-4791 or 315-7113. 1p

LAND FOR SALE

LAND LAND LAND, 10 acres tracts for doublewides. Valley Mills, Land in China Spring 5/10/19/15 acres tracts. Connie 254-424-7050. cf

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AWESOME OPPORTUNITY to buy 9.8 acres in wonderful Oglesby community, highway frontage, great trees, UNRESTRICTED land ready for your new dream home. Farm animals and doublewides are welcome. Don't miss out on this great deal!!! Call Rebecca C. 254-214-1415.

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Next Sale is Saturday, January 5th

PS Realtors Paschall, Skipper & Associates
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FOR LEASE: Commercial building located downtown McGregor with 2098 sq. ft. community room. COMMERCIAL RETAIL SPACE available for lease or sale on Main Street with approximately 2100 sq. ft. Up to 4,000 sq. ft. may be negotiated.

PRIME COMMERCIAL PROPERTY for sale in downtown McGregor. The existing Toby Design Guild building. Approximately 33,000 sq. ft. in two separate locations. Each location individually priced. Call for details.

3/1/1 CHARMER! Older home, newly remodeled, located at 700 S. Jefferson. Built in 1906. Huge corner lot, magnificent wood floors, new carpet, new vinyl! Formal dining room, French-doors inside, lots of kewl features. Priced to sell. Hurry!

FRAME HOME on 10th Street with 3 bedrooms, 2 baths, formal living/dining room, large kitchen, enclosed breezeway and 1 car attached garage, new kitchen sink, new counter top, new sewer line, new carpet and vinyl, new aluminum screens, central heat and freshly painted interior. 75' x 100' corner lot. This one will not last long!

WONDERFULLY UNIQUE old home! 3 br/2.5 bath. Built 1907. 1919 sq. ft. in main house. 650 sq. ft in detached converted area. Modern appliances, but a touch of nostalgia unparalleled in McGregor! Homes rarely surface like this one! 703 Fillmore St.

24.5 ACRES of rolling terrain near Spring Valley with BV home built in 1979. Home has 2 bedrooms, 1 bath, utility room, kit/dining/living combo and 1 car attached garage. Other features are 475 sq. ft. detached carport, 46' 6" x 34' hay barn and feed lot, slightly wooded with large lake. Central air and heat is 3 years old and septic system was installed Dec. 2006.

GREAT LOCATION In quiet neighborhood. 2 bedroom, 2 bath, BV home, large kitchen with built-ins, family room with fireplace, central air and heat, utility room & 2 car attached garage with rear entry. Built in 1948 with major renovation in 1967. Large oak and elm trees.

1989 PALM HARBOR double wide home on 2.23 acres at Comanche Springs. This home has 4 bedrooms, 3 baths, formal living and dining rooms, built-ins, utility room

LOOKING for a starter home? We have a one story, modular home with 1568 sq. ft. consisting of 3 bedrooms, 2 baths, family room, kitchen with breakfast area central heat and air with attached carport. Contract Pending.

GREAT LOCATION— A 2/2/1 house with a lot of potential located at 706 W. 3rd Street. A short distance to Middle School and downtown. Big fenced backyard.

HORSE CREEK RANCH— great building site on this 5 acres near Mother Neff State Park. Elm Creek water meter in place.

Double J Country Feed & Supply
202 2nd St., Valley Mills
We Buy Pecans
Valley Mills, Texas
(254) 934-2697

TRACTOR WANTED: 45-50 HP 4wb tractor with front end loader and other implements. Value around \$8,000. Contact 840-2912. 42tfx

HOME PAINTING AND REPAIR: painting & power washing; fences; minor repairs. Call Ray Schraeder 840-4094. jcs7tfc

GARAGE SALE

GARAGE SALE: Saturday, 7 am to 2 pm. @ 815 S. Monroe. 1p

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FOR SALE

FOR SALE: Firewood, mixed, seasoned. \$125 a cord. Delivery available. Call 716-1613. js49tfc

FOR SALE: Large Round Bales fertilized coastal hay \$38 per bale. Call 853-2426. bjw46tfc

FOR SALE: Mattress Sale—New Matching Sets Pillowtop: Queen \$150, King \$199, Orthopedic: Twin \$59, Full \$69. Nccfurniture.com 254-235-0643. 3p

FOR SALE: SOFA and LOVESEAT New \$499. Over 100 Living Rooms styles @ Nccfurniture.com 254-235-0647 3p

FOR SALE: Wood and Iron Dining Room \$499. Over 300 styles to choose from @ Nccfurniture.com 254-235-0644 3p

FOR SALE: 5 PIECE WOOD BEDROOM SET \$698 Over 200 styles to choose from @ Nccfurniture.com 254-235-0642 3p

STEEL BUILDINGS: 20x20 to 100 x 100. Qualify for big advertising discount. Up to 50% off. Can Erect 512-755-3931. 1p

FOR RENT OR LEASE

FOR RENT: 4 rooms; 1 bath; upstairs duplex; no children under 10. Can be seen Jan. 21-Feb. 1. Ideal or couple, Moody 853-3256. rn1tfc

FOR RENT: Two J's Mini Storage Buildings 10 x 20's \$60 per month. 510 East McGregor Drive. Days 840-4512 and Evenings 840-2548. Jimmy and Janet Butth. 16tfc

FOR RENT: Storage units, 10'x10', located 1 block off Main Street behind the Post Office. Call 840-2786. If no answer, leave message.

SELF STORAGE FOR RENT: Secure inside units with all weather access. 118 South Main, McGregor, 722-5684.

REAL ESTATE

FOR SALE: Shop and office building, corner of Seventh and Main. Call Mickey at 254-722-9018. ml4c

FOR SALE: 1104 W. 3A, 4 bd/2ba 1857sq ft brick home; 2 car garage, new appliances, oak wood floors, ceramic tile, carpet, new windows, wood blinds, plus many upgrades inside/out. Sprinkler System in front/back. Large backyard with new trees. 254-717-7010. 4p

HOUSE FOR SALE BY OWNER: 104 Laurel Lane. 3 bedroom, 1 bath, large backyard. 840-3105, after 6 p.m. mo40tfc

FOR SALE: 1004 Taylor, 2 bedroom, 1 bath on 2 lots; carpet & wood flooring, garage and carport; \$69,900. Brown Real Estate. Call Barbara at 715-2881 GH Frerichs Broker 33tfc

HOUSE W/ADDITIONAL vacant lot: 114 N. Van Buren St. McGregor. \$75,000. Contact 361-920-0764. rr51tfc

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Home Health: HH Attendants for Copperas Cove, Gatesville, Hamilton & Evant Area – PRN
Mills County Home Health: HH Attendants – PRN

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www.cmhos.org • E-mail humanresources@cmhos.org

ONE VOICE

by Rev. Robert Parker,
Pastor, First Baptist Church



I love the story of the two US Navy ships that were doing maneuvers in the Atlantic Ocean just east of Long Island sound, when they realized they were coming straight at one another. The first ship signaled to the second ship, "Change your course 30° to the south." The second ship shot back, "Change your course 30° to the north." The first ship shot back, "This is the admiral speaking. Change your course 30° to the south." The second ship shot back, "This is Seaman Second Class Shultz. Change your course 30° to the north." The first ship shot back, "This is the admiral speaking. Change your course 30° to the south. I am a battleship." The second ship shot back, "Change your course 30° to the north. This is Seaman Second Class Shultz. I am a lighthouse." The point is that you can't beat a fixed point in a world of change. Centuries before Jesus Christ, a Greek philosopher named Heraclitus said, "Nothing endures but change." Therefore, you can't step into the same river twice, for by the time you have stepped into and the time you have

and stepped back into it again, the river is very different. How is your life different than it was at the beginning of 2007? You see, Heraclitus is quite right – you can't step into the same river twice. Life is changing. It is a gift from God to help us remember how to deal with the change that is inevitable in all our lives. There are three principles that will help us face the change that is inevitably to come in 2008. Principle number 1: All change involves loss. Even if change is wonderful, it involves loss. It involves letting go. It involves letting go of something we've known and been holding on to. Principle number 2: In the midst of change, remember that the same God who has guided us in the past will faithfully guide us one step at a time into the future. Principle number 3: In a changing world the one constant that we can always count on is that God is the same yesterday, today and forever, and he made himself known to us in Jesus Christ.

HUNGER AND THURST FOR GOD

by Sammie Haynes
Pastor, Church of the Living God



Matthew 5: 6. Blessed are they which do hunger and thirst after righteousness: for they shall be filled.

There are so many people in the World that have faced rejection, at some point in time. Some feel they do not belong anywhere and have tried numerous times to fill the void of being alone. As we approach this New Year (2008), an empty feeling can over shadow so many. Some may try to fill their emptiness, with shiny cars, luxurious houses, designer clothes and expensive holiday gifts and vacations, hoping that this will achieve acceptance by their peers, but still the void remains. Physical things can not fill the void, only the Lord Jesus can do that.

Jesus can fill every empty space or problem in our lives, after all He is the Creator, and the

Creator knows His creation. While it is a good thing, to know that we belong to God, it also requires something on our part. We should live our lives thirsting after God, seeking after God, and living for God. Yes this is a new year, and whatever tragedy you may have experienced in times past, God will bring you through. If God can bring you to it, He can bring you through it.

I pray that you will have a prosperous and happy New Year, and that all your dreams will come true. If there are any loved ones that have gone astray, I pray that the prodigal son or daughter will come home, and if you are faced with sickness, in Jesus name I pray for your healing. Keep hungering and thirsting for God this year. May the Lord keep you and guide you always in Jesus Name. Amen!

**Don't miss any MOC news in 2008—
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THE MCGREGOR MIRROR

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MCGREGOR & CRAWFORD CHURCHES

ST. EUGENE'S CATHOLIC CHURCH

207 North Johnson Drive
McGregor
Father Hilario Guajardo
840-3174
MASS SCHEDULE:
Sunday:
8:00 A.M.—Spanish
11:30 A.M.—English

CHURCH OF CHRIST

101 Garfield Street
McGREGOR
Tuesday evening.....7:30 p.m.
Sunday morning.....10:30 a.m.
Sunday evening.....3:30 p.m.
*Keeping the Ordinances as they were delivered by the Apostles
1 Corinthians 11: 1-2*

CHURCH OF CHRIST

3rd and Pullen
McGREGOR
Bible Study.....10:00 a.m.
Worship.....11:00 a.m.
Sunday evening.....5:00 p.m.
Wednesday.....6:00 p.m.
Minister Agathus Robinson

PLEASANT HILL MISSIONARY BAPTIST CHURCH

315 Cleveland, McGREGOR
"WELCOMES YOU"
"A Sharing & Caring Church"
Rev. Jacqueline Taylor
Sunday School.....9:30 a.m.
Worship Service.....10:45 a.m.
B.T.U.....6:00 p.m.
Mid Week Service.....6:30 p.m.
840-4344

First United Methodist Church



Rev. Lianne Turner
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500 South Madison Street in McGregor http://fumcmcgregor.com
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254-840-2181
Contemporary Worship (Informal) — 9:00 A.M.
Sunday School for all Ages — 10:00 A.M.
Traditional Worship — 11:00 A.M.
Children 4F — 5:00 Wednesday evenings
Youth — 6:00 Wednesday evenings

Church of the Living God of McGregor

112 Pullen • McGregor
840-3468
Sunday School.....9:30 a.m.
Worship Service
10:45 a.m. to 11:45 a.m.
Harold Haynes, Pastor Emeritus
Sammie E. Haynes, Sr., Pastor

Roberson Chapel A.M.E. Church

402 South Arthur, McGREGOR
840-2000
Welcomes You to Come
Share the Love of God with Us!
Sunday School.....9:45 a.m.
Worship Service.....11 a.m.
Wednesday ~ Prayer Service and Bible Study.....7 p.m.
Dr. Albert Gregory Pastor

Services
Sunday
Sunday School 10:30 a.m.
Worship 11:15 a.m.
Evening 6 p.m.
Wednesday
Worship 7:00 p.m.

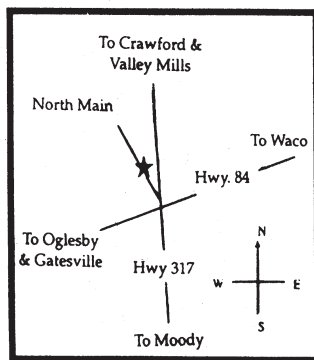
Nuevo Pacto De Vida New Covenant Life Church

304 S. Main, McGregor
For Information Call—Para Informacion Llamen
Pastor Jesus (Jesse) Guerrero (254)470-9972

Servicios Domingo
Escuela Dominical 10:30 a.m.
Adoracion 11:15 a.m. and 6 p.m.
Miercoles Adoracion 7:00 p.m.

emmanuel christian fellowship

254-840-2435
415 North Main
McGregor, Texas
Sunday Service
10:30 a.m.
web site: ecf-mcgregor.com



worship at Zion Lutheran Church McGregor

Contemporary Service
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Sunday School
Every Sunday 9:30 am
Worship Service
Every Sunday 10:30 am
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on KBBW AM1010
Sundays.....8:30 to 9:00 A.M.

Sunday.....10:00 a.m.
Sunday night.....5:00 p.m.
Wednesday night.....7:00 p.m.

WELCOME NEW ZION BAPTIST CHURCH

206 Arthur Street
McGREGOR
840-3402
Rev. Larry Davis, Pastor
Sunday School.....9:45 a.m.
Worship Service.....11:00 a.m.
Mid Week Prayer.....6:30 p.m.

Church of Christ

SIXTH and ADAMS
McGREGOR
SUNDAY:
Bible Study.....10:00 a.m.
Worship.....10:55 a.m.
Sunday Evening.....6:00 p.m.
WEDNESDAY:
Wednesday.....7:00 p.m.
Office: 840-3422
Home: 840-9682
*God Loves McGregor
and so do we!*

Happy New Year!

CHURCH SERVICES

Sunday morning—10 a.m. Praise & Worship
11 a.m. Preaching & Ministry
with Pastor D.L. Summers
Sunday evening—6 p.m. Celebration Service with Curtis Jones
Wednesday evening—7 p.m. Prayer Meeting,
Youth Service with Lindsey Longo

Victory Chapel

D. L. Summers, Pastor
605 N. Third.....1 block off Hwy. 84 behind Dandy Dan's
Church: 840-3283 • Residence Phone: 662-1109

Crawford Churches

Canaan Baptist Church

Est: 1891 (Located in the Prairie Chapel Community)
Sunday School (All Ages) 9:30 a.m.
Worship Service 10:30 a.m.
Sunday evening Service 6:30 p.m.
Wednesday Evening 7:30 p.m.
Pastor: Dub Oliver
Church phone Number 254-486-2298
As followers of Christ, we should be about
Experiencing the Love of God, Knowing the Word of God and Discerning the Will of God.

FIRST BAPTIST CHURCH CRAWFORD

Mike Murphy, Pastor
SUNDAY
Sunday School.....9:30 a.m.
Morning Worship.....10:50 a.m.

WEDNESDAY
Prayer Meeting.....6:00 p.m.
includes RA's, GA's, Youth & Adults

FIRST UNITED METHODIST CHURCH

located at 6th and Avenue D.
CRAWFORD
SUNDAY
Sunday School for all ages 10:00 a.m.
Worship Service 11:00 a.m.
254-486-2361
Pastor Kent Berry
Office hours:
Wednesdays and Fridays 9 a.m. - noon



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St. Paul Lutheran Church
Rev. Tom Beers, Pastor
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Sunday School ... 9:30 am
Worship10:30 am
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and
Prairie Chapel Road
254/486-2126
stpaulcrawford@txwi.net

MCGREGOR UNITED PENTECOSTAL CHURCH

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Come worship God with us.
Sunday School.....10:00 a.m.
Sunday night.....6:00 p.m.
Tues. night.....7:30 p.m.
Wed. night.....7:30 p.m.
401 North Tyler
McGREGOR
Pastor: Charles Griffin
Church phone: 840-4122

BETHLEHEM CHURCH

209 North 2nd Street
McGREGOR
Rev. Lionel Aviles
Sunday School.....10:00 a.m.
Sunday evening.....6:00 p.m.
Wednesday.....7:00 p.m.
Worship and Bible Study
Saturday.....7:30 p.m.
Services in
English and Spanish
840-2040

College Avenue Baptist Church

PEOPLE SHARING JESUS
201 South Monroe Street, McGregor 840-3782
David W. Thompson Pastor *Janice Young Music Minister*
WORSHIP SCHEDULE:
SUNDAY
9:45 a.m. Sunday School
10:15 a.m. Morning Worship
6:00 p.m. Discipleship Training
7:00 p.m. Evening Worship
WEDNESDAY
6:00 p.m. Children's Activities
6:00 p.m. Youth Activities
6:45 p.m. Prayer Meeting
7:30 p.m. Choir Rehearsal



FIRST BAPTIST CHURCH
6th & Jackson
McGregor
Building...Connecting...Transforming...
Sunday, January 6
Has God Failed?
Romans 9:1-13

Sundays:
9:15 a.m. ConneXion (Coffee, Juice, Donuts)
9:30 a.m. Bible Study
10:45 a.m. Morning Worship
Wednesdays:
6:30 p.m. Prayer/Bible Study
6:30 p.m. Youth & Children

Phone: 254-840-3301 Website: www.fbcmcgregor.org
Robert Parker, Pastor Email: fbcpastor@centexbiz.rr.com

Public Notice

**COMBINED NOTICE
NOTICE OF FINDING OF
NO SIGNIFICANT IMPACT
ON THE ENVIRONMENT
AND NOTICE TO PUBLIC
OF REQUEST FOR
RELEASE OF FUNDS**

Crawford
Address: 6719 N. Lone Star Pkwy.
Telephone Number: (254) 486-2125
Contract No: Crawford08CD
Newspaper: The McGregor Mirror

Date of Publication: January 3, 2008
Name of Contractor: City of

To All Interested Agencies, Groups and Persons:

On or about seventeen (17) days following the above date of publication, the above named municipality will request the Community Development to release Federal funds under Title 1 of the Housing and Community Development Act of 1974, (P.L. 93-383), to be used for the following project:

Project Name: City of Crawford sewer project
Purpose of Project: Provide sewer system improvements
Description of Project: Sanitary Sewer Line Replacement
Locations of Project: Eastern portion of the city: Avenue N and 16th Street Crawford, Texas
Enumeration District/Census Tract: Citywide
Estimated Cost of Project: \$309,400.

FINDING OF NO SIGNIFICANT IMPACT

It has been determined that such request for release of funds will not constitute an action significantly affecting the quality of the human environment and accordingly the above named City of Crawford has decided not to prepare an Environmental Impact Statement under the National Environmental Policy Act of 1969, (P.L. 91-190).

The reason for such a decision not to prepare such a Statement is based upon the fact that all environmental concerns could either be minimized or mitigated.

An Environmental Review Record with respect to this project has been made by the above named City of Crawford which

documents the environmental review of the project and more fully sets forth the reasons why such Statement is not required. This Environmental Review Record is on file at the above address and is available for public examination and copying, upon request, during regular operating hours.

PUBLIC COMMENTS ON FINDINGS

All interested agencies, groups and persons disagreeing with this decision are invited to submit written comments for consideration by the City of Crawford to City Hall on or before seventeen (17) days following date of this publication. All such written comments so received will be considered and the City of Crawford will not request the release of Federal funds or take any administrative action on the within project prior to the date specified in the preceding sentence.

RELEASE OF FUNDS

The City of Crawford will undertake the project described above with Community Development Block Grant Funds under Title 1 from its Texas Community Development Program grant, number Crawford 08CD, from the Housing and Community Development Act of 1974, as amended.

The City of Crawford is certifying to ORCA that the City of Crawford and David Posten in the official capacity as Mayor, consents to accept the jurisdiction of the Federal Courts if an action is brought to enforce responsibilities in relation to environmental reviews, decision-making and action, and that these responsibilities have been satisfied. The legal effect of the certification is that upon its approval, the City of Crawford may use the Block Grant funds and it will have satisfied its responsibilities under the National Environmental Policy Act of 1969, ORCA will accept an objection to its approval only on one or more of the bases and the procedures described in 24 CFR Parts 58.75. Objections are to be addressed to the Office of Rural Community Affairs, P.O. Box 12877 Austin, Texas 78711.

Objections to the release of funds on bases other than those stated above will not be considered by the ORCA. No objections received later than thirty-three (33) days after this publication will be considered by ORCA.

Certifying Official:
David Posten, Mayor
City of Crawford
6719 N. Lone Star Pkwy
Crawford, Texas 76638

McGregor High School Soccer News

The McGregor Girls teams will participate in a soccer academy on January 2, 3, and 4th in Hewitt at 2 p.m. each day. Transportation will leave the high school at 1:30 p.m. sharp.

THIS WEEKS GAMES:

Thursday, January 3: McGregor boys will take on Midway at noon here at the high school practice field.

Friday, January 4th: The girls will play Reicher at Reicher 6 p.m.

Saturday, January 5th: McGregor boys will take on China Spring at 9 a.m. here at the McGregor practice field.

Monday, January 7th: McGregor boys will take on Lorena at Lorena at 5 p.m.

Close to home...



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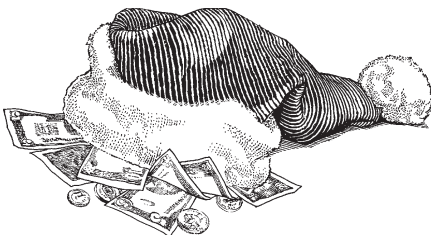


Helping You is what we do best.

TOO MUCH CHRISTMAS?

For those who haven't taken advantage of "SKIP A PAYMENT" it is still available for the month of January, 2008.

Subject to approval.



COME JOIN OUR 2008

CHRISTMAS SAVINGS CLUB NOW

The Christmas Savings Club pays 1/4% higher than regular savings. Monthly Deposits are required.

To join our Christmas Club, stop by any Rocket Federal location.

We'll show you how easy it is to save money, so you'll have some extra bucks next Christmas.



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Monthly fee: \$3.95

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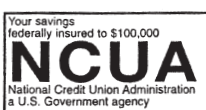
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